

Call the Lumen Health and Life Service Center at 800-729-7526 and select from the following menu options.

1

Current Employees

1

Health and Life benefits, Voluntary benefits, Well Connected, Form 1095-C

2

401(k) & Employee Stock Purchase Plan

3

Pension & Retirement Information

4

Disability Benefits, Leaves, Worker's Compensation

5

Tuition Assistance

6

Stock Options, Employee Discounts, Phone Concessions

7

All Other HR Topics

2

Former Employees

1

Health and Life benefits, Voluntary benefits, Well Connected, Form 1095-C

2

401(k) & Employee Stock Purchase Plan

3

Pension & Retirement Information

4

Disability Benefits, Leaves, Worker's Compensation

5

Tuition Assistance

6

Stock Options, Employee Discounts, Phone Concessions

7

Address Changes

8

All Other HR Topics

3

To Report A Death

1

Former employee, Retired employee or their dependent

2

Current employee or their dependent

Tips:

1. Follow the automated prompts for each selection.
2. * to repeat the current menu
3. # to return to the previous menu