

How to make the most of your CenturyLink prescription drug benefits

When your health care provider prescribes a medication, you know it's important to take it as directed. But do you know the best way for getting your medications at the best price in the most convenient manner? Understanding your prescription drug benefits can help you save time and money.

Keep this guide handy to help answer questions you may have about:

- Getting your prescriptions filled.
- Special requirements for certain medications.
- Where to find more information about your prescription drug benefits.



For additional information and specific questions about your benefits, log on to myuhc.com® or call the number on the back of your health plan ID card.



Bind Health Plan Members: Visit mybind.com for information about your prescription drug coverage, to estimate costs and for more information about your prescription drug benefits.

How to fill your prescriptions

Your CenturyLink prescription drug benefits include 3 types of medications. It's important to know what type of medication you need, as it will determine where and how you get your prescriptions filled.

	1 Non-maintenance medications	2 Maintenance medications	3 Specialty medications
Type of medication	Medications prescribed for short-term conditions and for no more than a 30-day supply. Often prescribed for:* <ul style="list-style-type: none"> • Seasonal allergies • Flu • Short-term pain management • Infections (e.g. ear, bronchial, urinary tract, etc.) 	Medications prescribed for chronic, long-term conditions and are taken on a regular, recurring basis. Often prescribed for:* <ul style="list-style-type: none"> • Diabetes • High cholesterol • Hypertension • Chronic pain • Birth control 	Medications used to treat complex, long-term conditions that may be injected, inhaled or taken by mouth. These medications often require additional care, unique handling (i.e., storage and shipping) and special support to ensure proper use and prescription dispensing. They may not be available at retail pharmacies. Often prescribed for:* <ul style="list-style-type: none"> • Inflammatory disease • Cancer • Multiple sclerosis • Hemophilia • HIV
Length of prescription fill	Up to 30 days, no refills	Up to 90 days, with up to 3 refills	Up to 30 days per fill

*For example only. Not an extensive list of conditions commonly treated with these medications.

How to fill your prescriptions CONTINUED

	1 Non-maintenance medications	2 Maintenance medications	3 Specialty medications
Where to fill	Retail pharmacy	<p>Mandatory Mail Order through OptumRx® Home Delivery. The CenturyLink prescription drug plan requires maintenance medications to be provided through OptumRx Home Delivery Pharmacy. The plan does not provide an option to opt out to use a retail pharmacy or any other mail service pharmacy services for maintenance medications.</p> <p>Note: Mandatory Mail does not apply to the Bind Plan option, but Bind Plan members can use Mail Order.</p>	<p>Mandatory Mail Order through BriovaRx Specialty Pharmacy</p>

Filling a NEW prescription

1 Non-maintenance medications

Ask your provider to call in your prescription or take it to a local network retail pharmacy.



Where's the nearest network pharmacy?

Log on to myuhc.com or use the UnitedHealthcare app to find a network pharmacy near you.

2 Maintenance medications

You'll need both the following from your doctor:

- One 30-day prescription with up to 1 refill* that you can fill at any network retail pharmacy to get started.

AND

- One 90-day prescription with up to 3 refills for OptumRx Home Delivery.

There are 2 options for getting your new maintenance medication set up for home delivery:

1. Use ePrescribe. Ask your provider to send the electronic prescription to OptumRx for you. He or she can also fax in the order, if needed.
2. Go to myuhc.com or the **UnitedHealthcare® app** to submit the new prescription online. You will need to have the written prescription from your doctor to complete your setup.



Opt in to receive refill reminders

When you register on myuhc.com or use the **UnitedHealthcare app** you can opt in to receive email reminders when it is time to refill your prescriptions.

Take note:

- Manufacturer coupons and copay cards are **not** accepted with Home Delivery. Note: If you choose to pay for your maintenance medications outside of the plan using coupons or copay cards, you can submit a **Member Reimbursement Claim Form** for coverage review. If covered, the amount allowed will apply to your deductible and out-of-pocket costs.
- It will take approximately 10 days for your new 90-day prescription to be filled and delivered to your door by OptumRx. **It's important to set up your new prescription with OptumRx as soon as possible.** Remember to fill your first 30-day prescription at your retail pharmacy.

*Your CenturyLink health plan benefits allow up to 2 fills at retail before your medication must be set up/transferred to home delivery for refilling.

3 Specialty medications

Call **BriovaRx** at **855-427-4682** to get started. They will contact your provider for you to get your specialty medication prescription transferred and filled.



Special handling requirements?

If there are any special handling requirements for your medication, your BriovaRx specialist will talk to you about this when setting up your prescription.

Take note:

- You will receive only a 30-day supply per specialty medication fill.
- Drug manufacturers' copay cards or coupons (if available) can be used to help decrease your out-of-pocket cost, including copays or coinsurance, for select medications. In many instances, these copay cards or coupons may also be used while you are in the deductible phase or have not yet reached your out-of-pocket maximum.
- As of Jan. 1, 2018, cost-share amounts paid by a drug copay card or coupon no longer count toward your deductible or out-of-pocket maximum. Drug copay cards and coupon amounts still may be used to help cover your cost share for your medications filled through BriovaRx; however, only the money you pay out of pocket will apply to your deductible and out-of-pocket total. You can review your deductible and out-of-pocket amounts online anytime by logging in to myuhc.com or the **UnitedHealthcare app**.

How to fill your prescriptions CONTINUED

	1 Non-maintenance medications	2 Maintenance medications	3 Specialty medications
REFILLING a prescription	N/A	Use 1 of the 3 convenient options: <ul style="list-style-type: none">• Go to myuhc.com or the UnitedHealthcare app to place your refill order online.• Call the customer service number on the back of your health plan ID card.• Complete the reorder form included with each medication shipment and submit it to OptumRx for processing.	Your BriovaRx specialist will talk to you about this when setting up your prescription.

Get familiar with special requirements

Your prescription drug benefits have special requirements for certain medications to be covered by your benefits.

Prior authorization

To see if prior authorization requirements apply to your prescription, check your PDL on myuhc.com. If you see “PA” next to your medication, you need a prior authorization. Prior authorization requires your doctor to tell us why you are taking your medication in order to determine if you will receive benefit coverage. This is based on uses listed in the U.S. Food and Drug Administration (FDA) approved medication labeling and other clinical criteria.

There are 2 ways to request a prior authorization:

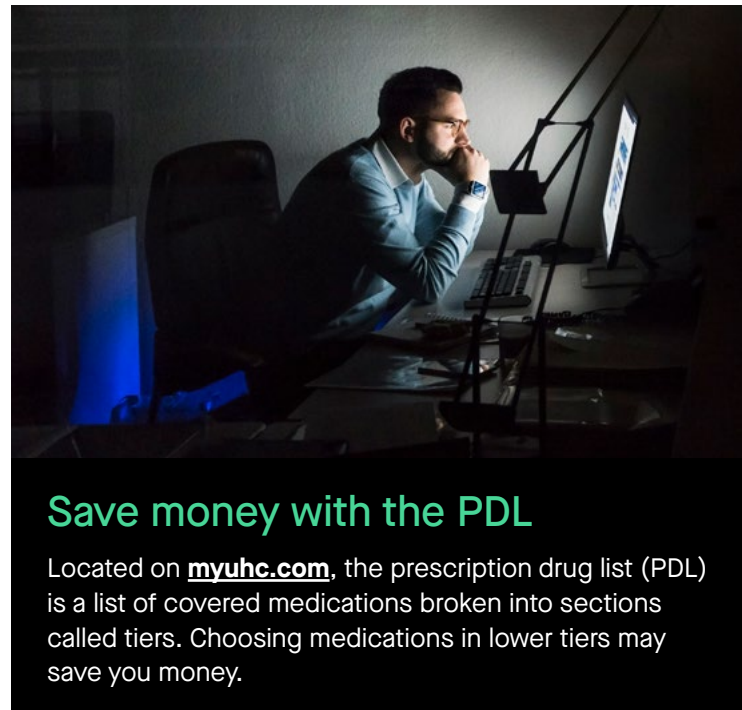
1. Ask your doctor to submit an online notification/prior authorization request directly to OptumRx.
2. Call the number on the back of your health plan ID card to request a prior authorization. With your permission, we will contact your doctor.

Step therapy

To see if the step therapy requirement applies to your prescription, check your PDL on myuhc.com. If you see “ST” next to your medication, you must first try a lower-cost option before the brand-name medication will be covered. Usually Step 1 medications are generic medications that have proven effective for people with certain conditions. Talk to your doctor about what options could work for you.

Quantity limits

To see if the quantity limit applies to your prescription, check your PDL on myuhc.com. If your medication has a “QL” by it on the PDL, there is a quantity limit restriction and you will need to make sure your prescription is written only for the covered amount. If your prescription is written for a greater amount than what your plan covers, you will need to request a prior authorization to confirm coverage. Either you or your doctor can contact OptumRx for prior authorization or with any questions.



Save money with the PDL

Located on myuhc.com, the prescription drug list (PDL) is a list of covered medications broken into sections called tiers. Choosing medications in lower tiers may save you money.



We're ready to help you make the most of your benefits.



Talk to your doctor

When you talk with your doctor about your prescriptions, you can use the UnitedHealthcare app to confirm coverage and costs. You can also talk about what you need to do to get your medication filled if any special plan requirements apply.



Help is just a phone call or click away

If you have questions about your benefits or medications, or if you need help finding a network pharmacy, call the number on the back of your health plan ID card.



Log on to myuhc.com or use the UnitedHealthcare app to manage your prescriptions online, place refills and find more information about your benefits.



Remember that you can use your Health Care Spending Card or Savings Card (depending on your medical plan election) to help pay for your prescriptions.