

Clear costs you can see in advance.

With Bind, your costs are clear. You don't have a deductible to pay down or coinsurance to get in the way. You can see your provider and treatment-specific prices **in advance**. If you've ordered off a menu—it's almost that easy.

In-network costs only

For out-of-network costs, see website below.

Preventive

Annual physical	\$0
Vaccinations	\$0
Prenatal care	\$0

Office visits

Virtual visit	\$10
Office visit	\$20 to \$90

Mental health and substance use disorder

Office visit	\$20
Partial day treatment	\$175
Inpatient setting	\$1,400

Urgent and emergency care

Urgent care visit	\$65
Emergency room visit	\$500
Ambulance	\$600
Emergency hospitalization	\$1,400

Prescription drugs

	30-day	90-day
Preventive/Maintenance drugs	\$0	\$0
Tier 1	\$10	\$25
Tier 2	\$70	\$175
Tier 3	\$100	\$250

Therapies and rehab

Acupuncture	\$20
Chiropractic	\$20
Physical therapy	\$10 to \$30
Occupational therapy	\$10 to \$30
Speech therapy	\$10 to \$30

TIPS

- Sometimes your price is \$0—for preventive care and for some basic labs and X-rays.
- Where you see price ranges for the same service—we've lowered your cost for providers who charge less.
- Your procedure price includes the services needed to complete the procedure (like facility fees and procedure-specific anesthesia).

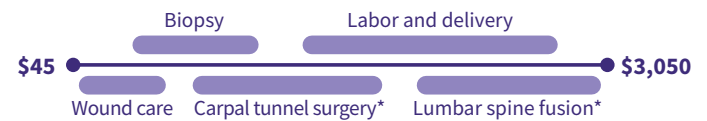
Testing and diagnostics

Basic lab tests, X-rays and ultrasounds	\$0
Sleep study	\$75 to \$240
MRI/CT scan	\$150 to \$575

Out-of-pocket max

Employee	\$5,000
Employee + spouse/Employee + child	\$7,500
Family	\$10,000

Procedures



*Inactive coverage:

A subset of plannable treatments fewer people need can be activated during the year—if you need it. **Inactive coverage must be activated three business days prior to the covered procedure.**

For a full list of inactive coverage procedures, visit the website listed below.

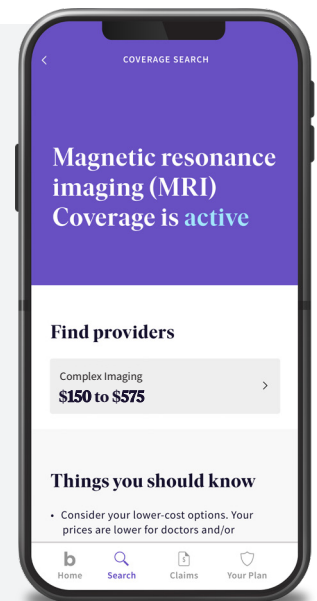
Outpatient and inpatient hospital prices vary by procedure. Please see website below for specific price information.

Questions?

Compare costs at:
[Lumen.com/
ChooseBind](https://lumen.com/ChooseBind)

Access code:
enroll2021

Or call:
1-833-576-6519



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Health is personal.
Now health insurance is too.