

# The Bind plan: flexible coverage you can activate

Typically, less than 5% of Bind members activate coverage during the year for certain plannable treatments, like an upper GI endoscopy or knee arthroscopy. Bind calls this coverage requiring activation.

Once a member activates this coverage, additional paycheck deductions start for a period of time and must have a payment to the provider. The coverage remains effective for 120 days (or until the Bind plan coverage ends—whichever comes first). Find these prices and paycheck deductions at [Lumen.com/ChooseBind](https://lumen.com/ChooseBind) (access code: **enroll2021**).

If a member activates coverage, it must be activated at least three business days in advance of the treatment. If the service is needed due to an emergency situation or cancer treatment, coverage is automatically activated and activation is not required.

## Cardiovascular (non emergent)

- Cardiac Ablation
- Carotid Endarterectomy and Stents
- Coronary Artery Bypass Graft Surgery
- Coronary Catheterization and Percutaneous Coronary Interventions
- Pacemakers and Defibrillators
- Valve Replacement

## ENT

- Ear Tubes
- Sinus and Nasal Septum Surgery
- Tonsillectomy and Adenoidectomy

## Gastrointestinal

- Gallbladder Removal Surgery (Cholecystectomy)
- Hernia Repair
- Reflux and Hiatal Hernia Surgery
- Upper GI Endoscopy
- Bariatric Surgery

## Other

- Breast Reduction Surgery
- Cataract Surgery
- Fibroid Removal (Myomectomy)
- Hysterectomy
- Hysteroscopy and Endometrial Ablation
- Kidney Stone Abalation and Removal (Lithotripsy)
- Prostate Removal Surgery (non-cancer related)
- Sling Surgery for Female Urinary Incontinence

## Musculoskeletal

- Ankle and Foot Bone Fusion
- Ankle Arthroscopy and Ligament Repair
- Ankle Replacement and Revision
- Bunionectomy and Hammertoe Surgery
- Carpal Tunnel Surgery
- Cervical Spine Disc Decompression
- Cervical Spine Fusion
- Elbow Arthroscopy and Tenotomy
- Elbow Replacement and Revision
- Ganglion Cyst Surgery
- Hip Arthroscopy and Repair
- Hip Replacement and Revision
- Knee Arthroscopy and Repair
- Knee Replacement and Revision
- Lumbar Spine Disc Decompression
- Lumbar Spine Fusion
- Morton's Neuroma Surgery
- Plantar Fasciitis Surgery
- Shoulder Arthroscopy and Repair
- Shoulder Replacement and Revision
- Spinal Cord Stimulator
- Wrist and Hand Joint Replacement
- Wrist Arthroscopy and Repair