

2022 Retiree & COBRA Rates – CenturyTel

01/01/2022



CenturyTel Retiree rate sheets included in this document:

1. 100% Pay – No Company Subsidy
2. CenturyTel (ZM)
3. CenturyTel (Z4)
4. CenturyTel (Z9)
5. COBRA Active Rates
6. COBRA Retiree Rates (excluding Qwest Union Represented)

Please locate your applicable CenturyTel Retiree Rate sheet below. If you have trouble determining which rate sheet applies to you, please refer to the [Retiree Healthcare Matrix](#) to determine your group.

2022 Retiree Rates - 100% Pay – No Company Subsidy

2022 Non-Medicare Retiree Medical Plans & Total Monthly Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$964.05	\$964.05	\$1,928.10	\$1,397.87	\$1,397.87	\$2,361.92	\$433.82
HDHP	\$982.62	\$982.62	\$1,965.24	\$1,424.80	\$1,424.80	\$2,407.42	\$442.18
CDHP Option 1	\$1,048.02	\$1,048.02	\$2,096.04	\$1,519.63	\$1,519.63	\$2,567.65	\$471.61
CDHP Option 2	\$1,104.85	\$1,104.85	\$2,209.70	\$1,602.03	\$1,602.03	\$2,706.88	\$497.18

No-Network PPO*	\$1,206.18	\$1,206.18	\$2,412.37	\$1,748.94	\$1,748.94	\$2,955.12	\$542.78
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*No-Network PPO is only available to certain retirees

2022 Retiree Dental Plan Total Monthly Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Retiree Dental	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

Medicare eligible retirees or dependents should contact Via Benefits at 888-825-4252 to enroll in a Medicare Supplement Plan.

2022 Retiree Rates – CenturyTel (ZM)

2022 Non-Medicare Retiree Medical Plans & Total Monthly Rates (ZM)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$964.05	\$964.05	\$1,928.10	\$1,397.87	\$1,397.87	\$2,361.92	\$433.82
HDHP	\$982.62	\$982.62	\$1,965.24	\$1,424.80	\$1,424.80	\$2,407.42	\$442.18
CDHP Option 1	\$1,048.02	\$1,048.02	\$2,096.04	\$1,519.63	\$1,519.63	\$2,567.65	\$471.61
CDHP Option 2	\$1,104.85	\$1,104.85	\$2,209.70	\$1,602.03	\$1,602.03	\$2,706.88	\$497.18

No-Network PPO*	\$1,206.18	\$1,206.18	\$2,412.37	\$1,748.94	\$1,748.94	\$2,955.12	\$542.78
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*No-Network PPO is only available to certain retirees

Bind Health Plan: Non-Medicare Monthly Contribution (ZM)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
65-69	20.0%	\$771.24	\$771.24	\$1,542.48	\$1,118.30	\$1,118.30	\$1,889.54	\$347.06
70-74	30.0%	\$674.84	\$674.84	\$1,349.67	\$978.51	\$978.51	\$1,653.34	\$303.67
75-79	40.0%	\$578.43	\$578.43	\$1,156.86	\$838.72	\$838.72	\$1,417.15	\$260.29
80-84	60.0%	\$385.62	\$385.62	\$771.24	\$559.15	\$559.15	\$944.77	\$173.53
85-89	80.0%	\$192.81	\$192.81	\$385.62	\$279.57	\$279.57	\$472.38	\$86.76
90+	90.0%	\$96.41	\$96.41	\$192.81	\$139.79	\$139.79	\$236.19	\$43.38

HDHP: Non-Medicare Monthly Contribution (ZM)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
65-69	20.0%	\$786.10	\$786.10	\$1,572.19	\$1,139.84	\$1,139.84	\$1,925.94	\$353.74
70-74	30.0%	\$687.83	\$687.83	\$1,375.67	\$997.36	\$997.36	\$1,685.19	\$309.53
75-79	40.0%	\$589.57	\$589.57	\$1,179.14	\$854.88	\$854.88	\$1,444.45	\$265.31
80-84	60.0%	\$393.05	\$393.05	\$786.10	\$569.92	\$569.92	\$962.97	\$176.87
85-89	80.0%	\$196.52	\$196.52	\$393.05	\$284.96	\$284.96	\$481.48	\$88.44
90+	90.0%	\$98.26	\$98.26	\$196.52	\$142.48	\$142.48	\$240.74	\$44.22

CDHP Option 1: Non-Medicare Monthly Contribution (ZM)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
65-69	20.0%	\$848.02	\$848.02	\$1,696.04	\$1,215.70	\$1,215.70	\$2,054.12	\$377.29
70-74	30.0%	\$748.02	\$748.02	\$1,496.04	\$1,063.74	\$1,063.74	\$1,797.36	\$330.13
75-79	40.0%	\$648.02	\$648.02	\$1,296.04	\$911.78	\$911.78	\$1,540.59	\$282.97
80-84	60.0%	\$448.02	\$448.02	\$896.04	\$607.85	\$607.85	\$1,027.06	\$188.64
85-89	80.0%	\$248.02	\$248.02	\$496.04	\$303.93	\$303.93	\$513.53	\$94.32
90+	90.0%	\$148.02	\$148.02	\$296.04	\$151.96	\$151.96	\$256.77	\$47.16

CDHP Option 2: Non-Medicare Monthly Contribution (ZM)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
65-69	20.0%	\$904.85	\$904.85	\$1,809.70	\$1,281.62	\$1,281.62	\$2,165.50	\$397.74
70-74	30.0%	\$804.85	\$804.85	\$1,609.70	\$1,121.42	\$1,121.42	\$1,894.82	\$348.03
75-79	40.0%	\$704.85	\$704.85	\$1,409.70	\$961.22	\$961.22	\$1,624.13	\$298.31
80-84	60.0%	\$504.85	\$504.85	\$1,009.70	\$640.81	\$640.81	\$1,082.75	\$198.87
85-89	80.0%	\$304.85	\$304.85	\$609.70	\$320.41	\$320.41	\$541.38	\$99.44
90+	90.0%	\$204.85	\$204.85	\$409.70	\$160.20	\$160.20	\$270.69	\$49.72

No-Network PPO: Non-Medicare Monthly Contribution (ZM)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
65-69	20.0%	\$1,006.18	\$1,006.18	\$2,012.37	\$1,399.15	\$1,399.15	\$2,364.10	\$434.22
70-74	30.0%	\$906.18	\$906.18	\$1,812.37	\$1,224.26	\$1,224.26	\$2,068.58	\$379.95
75-79	40.0%	\$806.18	\$806.18	\$1,612.37	\$1,049.36	\$1,049.36	\$1,773.07	\$325.67
80-84	60.0%	\$606.18	\$606.18	\$1,212.37	\$699.58	\$699.58	\$1,182.05	\$217.11
85-89	80.0%	\$406.18	\$406.18	\$812.37	\$349.79	\$349.79	\$591.02	\$108.56
90+	90.0%	\$306.18	\$306.18	\$612.37	\$174.89	\$174.89	\$295.51	\$54.28

Medicare Eligible Health Reimbursement Account (HRA) Annual Company Subsidy

Points	Subsidy	Retiree Only	Spouse Only	Retiree+ Spouse	Retiree + Child(ren)	Spouse+ Child(ren)	Retiree + Family	Child(ren)
65-69	20.0%	\$792.00	\$792.00	\$1,584.00	\$1,735.20	\$1,735.20	\$2,527.20	\$943.20
70-74	30.0%	\$1,188.00	\$1,188.00	\$2,376.00	\$2,602.80	\$2,602.80	\$3,790.80	\$1,414.80
75-79	40.0%	\$1,584.00	\$1,584.00	\$3,168.00	\$3,470.40	\$3,470.40	\$5,054.40	\$1,886.40
80-84	60.0%	\$2,376.00	\$2,376.00	\$4,752.00	\$5,205.60	\$5,205.60	\$7,581.60	\$2,829.60
85-89	80.0%	\$3,168.00	\$3,168.00	\$6,336.00	\$6,940.80	\$6,940.80	\$10,108.80	\$3,772.80
90+	90.0%	\$3,564.00	\$3,564.00	\$7,128.00	\$7,808.40	\$7,808.40	\$11,372.40	\$4,244.40

2022 Retiree Dental Plan Total Monthly Rates (ZM)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Retiree Dental	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

Non-Medicare Retirees: Monthly Dental Contribution (ZM)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
65-69	20.0%	\$28.64	\$28.64	\$57.28	\$50.12	\$50.12	\$85.92	\$21.48
70-74	30.0%	\$25.06	\$25.06	\$50.12	\$43.85	\$43.85	\$75.18	\$18.79
75-79	40.0%	\$21.48	\$21.48	\$42.96	\$37.59	\$37.59	\$64.44	\$16.11
80+	50.0%	\$17.90	\$17.90	\$35.80	\$31.32	\$31.32	\$53.70	\$13.42

Medicare Retirees: Monthly Dental Contribution (ZM)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Medicare Retirees	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

Medicare eligible retirees or dependents should contact Via Benefits at 888-825-4252 to enroll in a Medicare Supplement Plan.

2022 Retiree Rates – CenturyTel (Z4)

Z4 medical plan subsidies are based on a “Better Of” determination among Years of Service and Points matrices

2022 Non-Medicare Retiree Medical Plans & Total Monthly Rates (Z4)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$964.05	\$964.05	\$1,928.10	\$1,397.87	\$1,397.87	\$2,361.92	\$433.82
HDHP	\$982.62	\$982.62	\$1,965.24	\$1,424.80	\$1,424.80	\$2,407.42	\$442.18
CDHP Option 1	\$1,048.02	\$1,048.02	\$2,096.04	\$1,519.63	\$1,519.63	\$2,567.65	\$471.61
CDHP Option 2	\$1,104.85	\$1,104.85	\$2,209.70	\$1,602.03	\$1,602.03	\$2,706.88	\$497.18

No-Network PPO*	\$1,206.18	\$1,206.18	\$2,412.37	\$1,748.94	\$1,748.94	\$2,955.12	\$542.78
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*No-Network PPO is only available to certain retirees

Bind Health Plan: Non-Medicare Monthly Contribution (Z4)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
75-79	40.0%	\$578.43	\$578.43	\$1,156.86	\$838.72	\$838.72	\$1,417.15	\$260.29
80-84	60.0%	\$385.62	\$385.62	\$771.24	\$559.15	\$559.15	\$944.77	\$173.53
85-89	80.0%	\$192.81	\$192.81	\$385.62	\$279.57	\$279.57	\$472.38	\$86.76
90+	90.0%	\$96.41	\$96.41	\$192.81	\$139.79	\$139.79	\$236.19	\$43.38
OR								
Yrs of Svc	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
15-19	40.0%	\$578.43	\$578.43	\$1,156.86	\$838.72	\$838.72	\$1,417.15	\$260.29
20-24	60.0%	\$385.62	\$385.62	\$771.24	\$559.15	\$559.15	\$944.77	\$173.53
25-29	80.0%	\$192.81	\$192.81	\$385.62	\$279.57	\$279.57	\$472.38	\$86.76
30+	90.0%	\$96.41	\$96.41	\$192.81	\$139.79	\$139.79	\$236.19	\$43.38

HDHP: Non-Medicare Monthly Contribution (Z4)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
75-79	40.0%	\$589.57	\$589.57	\$1,179.14	\$854.88	\$854.88	\$1,444.45	\$265.31
80-84	60.0%	\$393.05	\$393.05	\$786.10	\$569.92	\$569.92	\$962.97	\$176.87
85-89	80.0%	\$196.52	\$196.52	\$393.05	\$284.96	\$284.96	\$481.48	\$88.44
90+	90.0%	\$98.26	\$98.26	\$196.52	\$142.48	\$142.48	\$240.74	\$44.22
OR								
Yrs of Svc	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
15-19	40.0%	\$589.57	\$589.57	\$1,179.14	\$854.88	\$854.88	\$1,444.45	\$265.31
20-24	60.0%	\$393.05	\$393.05	\$786.10	\$569.92	\$569.92	\$962.97	\$176.87
25-29	80.0%	\$196.52	\$196.52	\$393.05	\$284.96	\$284.96	\$481.48	\$88.44
30+	90.0%	\$98.26	\$98.26	\$196.52	\$142.48	\$142.48	\$240.74	\$44.22

CDHP Option 1: Non-Medicare Monthly Contribution (Z4)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
75-79	40.0%	\$648.02	\$648.02	\$1,296.04	\$911.78	\$911.78	\$1,540.59	\$282.97
80-84	60.0%	\$448.02	\$448.02	\$896.04	\$607.85	\$607.85	\$1,027.06	\$188.64
85-89	80.0%	\$248.02	\$248.02	\$496.04	\$303.93	\$303.93	\$513.53	\$94.32
90+	90.0%	\$148.02	\$148.02	\$296.04	\$151.96	\$151.96	\$256.77	\$47.16
OR								
Yrs of Svc	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
15-19	40.0%	\$648.02	\$648.02	\$1,296.04	\$911.78	\$911.78	\$1,540.59	\$282.97
20-24	60.0%	\$448.02	\$448.02	\$896.04	\$607.85	\$607.85	\$1,027.06	\$188.64
25-29	80.0%	\$248.02	\$248.02	\$496.04	\$303.93	\$303.93	\$513.53	\$94.32
30+	90.0%	\$148.02	\$148.02	\$296.04	\$151.96	\$151.96	\$256.77	\$47.16

CDHP Option 2: Non-Medicare Monthly Contribution (Z4)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
75-79	40.0%	\$704.85	\$704.85	\$1,409.70	\$961.22	\$961.22	\$1,624.13	\$298.31
80-84	60.0%	\$504.85	\$504.85	\$1,009.70	\$640.81	\$640.81	\$1,082.75	\$198.87
85-89	80.0%	\$304.85	\$304.85	\$609.70	\$320.41	\$320.41	\$541.38	\$99.44
90+	90.0%	\$204.85	\$204.85	\$409.70	\$160.20	\$160.20	\$270.69	\$49.72
OR								
Yrs of Svc	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
15-19	40.0%	\$704.85	\$704.85	\$1,409.70	\$961.22	\$961.22	\$1,624.13	\$298.31
20-24	60.0%	\$504.85	\$504.85	\$1,009.70	\$640.81	\$640.81	\$1,082.75	\$198.87
25-29	80.0%	\$304.85	\$304.85	\$609.70	\$320.41	\$320.41	\$541.38	\$99.44
30+	90.0%	\$204.85	\$204.85	\$409.70	\$160.20	\$160.20	\$270.69	\$49.72

No-Network PPO: Non-Medicare Monthly Contribution (Z4)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
75-79	40.0%	\$806.18	\$806.18	\$1,612.37	\$1,049.36	\$1,049.36	\$1,773.07	\$325.67
80-84	60.0%	\$606.18	\$606.18	\$1,212.37	\$699.58	\$699.58	\$1,182.05	\$217.11
85-89	80.0%	\$406.18	\$406.18	\$812.37	\$349.79	\$349.79	\$591.02	\$108.56
90+	90.0%	\$306.18	\$306.18	\$612.37	\$174.89	\$174.89	\$295.51	\$54.28
OR								
Yrs of Svc	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
15-19	40.0%	\$806.18	\$806.18	\$1,612.37	\$1,049.36	\$1,049.36	\$1,773.07	\$325.67
20-24	60.0%	\$606.18	\$606.18	\$1,212.37	\$699.58	\$699.58	\$1,182.05	\$217.11
25-29	80.0%	\$406.18	\$406.18	\$812.37	\$349.79	\$349.79	\$591.02	\$108.56
30+	90.0%	\$306.18	\$306.18	\$612.37	\$174.89	\$174.89	\$295.51	\$54.28

Medicare Eligible Health Reimbursement Account (HRA) Annual Company Subsidy

Points	Subsidy	Retiree Only	Spouse Only	Retiree+ Spouse	Retiree + Child(ren)	Spouse+ Child(ren)	Retiree + Family	Child(ren)
75-79	40.0%	\$1,584.00	\$1,584.00	\$3,168.00	\$3,470.40	\$3,470.40	\$5,054.40	\$1,886.40
80-84	60.0%	\$2,376.00	\$2,376.00	\$4,752.00	\$5,205.60	\$5,205.60	\$7,581.60	\$2,829.60
85-89	80.0%	\$3,168.00	\$3,168.00	\$6,336.00	\$6,940.80	\$6,940.80	\$10,108.80	\$3,772.80
90+	90.0%	\$3,564.00	\$3,564.00	\$7,128.00	\$7,808.40	\$7,808.40	\$11,372.40	\$4,244.40

2022 Retiree Dental Plan Total Monthly Rates (Z4)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Retiree Dental	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

Non-Medicare Retirees: Monthly Dental Contribution (Z4)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
65-69	20.0%	\$28.64	\$28.64	\$57.28	\$50.12	\$50.12	\$85.92	\$21.48
70-74	30.0%	\$25.06	\$25.06	\$50.12	\$43.85	\$43.85	\$75.18	\$18.79
75-79	40.0%	\$21.48	\$21.48	\$42.96	\$37.59	\$37.59	\$64.44	\$16.11
80+	50.0%	\$17.90	\$17.90	\$35.80	\$31.32	\$31.32	\$53.70	\$13.42

Medicare Retirees: Monthly Dental Contribution (Z4)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Medicare Retirees	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

Medicare eligible retirees or dependents should contact Via Benefits at 888-825-4252 to enroll in a Medicare Supplement Plan.

2022 Retiree Rates - CenturyTel (Z9)

2022 Non-Medicare Retiree Medical Plans & Total Monthly Rates (Z9)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$964.05	\$964.05	\$1,928.10	\$1,397.87	\$1,397.87	\$2,361.92	\$433.82
HDHP	\$982.62	\$982.62	\$1,965.24	\$1,424.80	\$1,424.80	\$2,407.42	\$442.18
CDHP Option 1	\$1,048.02	\$1,048.02	\$2,096.04	\$1,519.63	\$1,519.63	\$2,567.65	\$471.61
CDHP Option 2	\$1,104.85	\$1,104.85	\$2,209.70	\$1,602.03	\$1,602.03	\$2,706.88	\$497.18

No-Network PPO*	\$1,206.18	\$1,206.18	\$2,412.37	\$1,748.94	\$1,748.94	\$2,955.12	\$542.78
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*No-Network PPO is only available to certain retirees

2022 Non-Medicare Retiree Medical Monthly Contribution (Z9)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
HDHP	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
CDHP Option 1	\$48.02	\$48.02	\$96.04	\$0.00	\$0.00	\$0.00	\$0.00
CDHP Option 2	\$104.85	\$104.85	\$209.70	\$0.00	\$0.00	\$0.00	\$0.00

No-Network PPO*	\$206.18	\$206.18	\$412.37	\$0.00	\$0.00	\$0.00	\$0.00
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2022 Medicare Eligible Health Reimbursement Account (HRA) Annual Company Subsidy (Z9)

	Retiree Only	Spouse Only	Retiree and Spouse	Retiree + 1 Child	Retiree + 2+ Children	Spouse + 1 Child	Spouse + 2+ Children	Retiree + Spouse + 1 Child	Retiree + Spouse + 2+ Children	Child(ren) Only
Medicare HRA	\$3,780.00	\$3,780.00	\$7,560.00	\$8,316.00	\$8,136.00	\$8,316.00	\$8,136.00	\$12,096.00	\$11,916.00	\$4,536.00

2022 Retiree Dental Plan Total Monthly Rates (Z9)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Retiree Dental	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

Non-Medicare Retirees: Monthly Dental Contribution (Z9)

Points	Subsidy	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
65-69	20.0%	\$28.64	\$28.64	\$57.28	\$50.12	\$50.12	\$85.92	\$21.48
70-74	30.0%	\$25.06	\$25.06	\$50.12	\$43.85	\$43.85	\$75.18	\$18.79
75-79	40.0%	\$21.48	\$21.48	\$42.96	\$37.59	\$37.59	\$64.44	\$16.11
80+	50.0%	\$17.90	\$17.90	\$35.80	\$31.32	\$31.32	\$53.70	\$13.42

Medicare Retirees: Monthly Dental Contribution (Z9)

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Medicare Retirees	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

Medicare eligible retirees or dependents should contact Via Benefits at 888-825-4252 to enroll in a Medicare Supplement Plan.

2022 Total Monthly Active COBRA Rates

Medical 2022 COBRA Rates	<u>Total Monthly Cost</u>			
	<u>Employee</u>	<u>EE+Spouse</u>	<u>EE+Children</u>	<u>EE+Family</u>
Bind Health Plan	\$648.27	\$1,361.37	\$1,166.89	\$1,879.98
HDHP	\$660.91	\$1,387.91	\$1,189.64	\$1,916.64
CDHP Option 1	\$706.94	\$1,484.58	\$1,272.49	\$2,050.13
CDHP Option 2	\$771.04	\$1,619.18	\$1,387.87	\$2,236.01
Dental 2022 COBRA Rates	<u>Total Monthly Cost</u>			
	<u>Employee</u>	<u>EE+Spouse</u>	<u>EE+ Children</u>	<u>EE+Family</u>
Dental Option 1	\$28.88	\$66.48	\$72.24	\$109.81
Dental Option 2	\$35.71	\$82.17	\$89.33	\$135.76
Vision 2022 COBRA Rates	<u>Total Monthly Cost</u>			
	<u>Employee</u>	<u>EE+Spouse</u>	<u>EE+Children</u>	<u>EE+Family</u>
Vision	\$6.96	\$14.61	\$12.57	\$20.20

2022 Total Monthly Retiree COBRA Rates (excluding Qwest Union Represented)

2022 Non-Medicare Medical Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$983.33	\$983.33	\$1,966.66	\$1,425.83	\$1,425.83	\$2,409.16	\$442.50
HDHP	\$1,002.27	\$1,002.27	\$2,004.54	\$1,453.30	\$1,453.30	\$2,455.57	\$451.02
CDHP Option 1	\$1,068.98	\$1,068.98	\$2,137.96	\$1,550.02	\$1,550.02	\$2,619.00	\$481.04
CDHP Option 2	\$1,126.95	\$1,126.95	\$2,253.89	\$1,634.07	\$1,634.07	\$2,761.02	\$507.12

No-Network PPO*	\$1,230.30	\$1,230.30	\$2,460.62	\$1,783.92	\$1,783.92	\$3,014.22	\$553.64
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*No-Network PPO is only available to certain retirees

2022 Dental Plan Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Retiree Dental	\$36.52	\$36.52	\$73.03	\$63.90	\$63.90	\$109.55	\$27.38