

2022 Retiree & COBRA Rates – Qwest Non-Union

01/01/2022



Qwest Non-Union Retiree rate sheets included in this document:

1. 100% Pay – No Company Subsidy
2. Qwest Non-Union Retiree Rates
3. COBRA Active Rates
4. COBRA Retiree Rates (excluding Qwest Union Represented)

Please locate your applicable Qwest Non-Union Retiree Rate sheet below. If you have trouble determining which rate sheet applies to you, please refer to the [Retiree Healthcare Matrix](#) to determine your group.

2022 Retiree Rates - 100% Pay – No Company Subsidy

2022 Non-Medicare Retiree Medical Plans & Total Monthly Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$964.05	\$964.05	\$1,928.10	\$1,397.87	\$1,397.87	\$2,361.92	\$433.82
HDHP	\$982.62	\$982.62	\$1,965.24	\$1,424.80	\$1,424.80	\$2,407.42	\$442.18
CDHP Option 1	\$1,048.02	\$1,048.02	\$2,096.04	\$1,519.63	\$1,519.63	\$2,567.65	\$471.61
CDHP Option 2	\$1,104.85	\$1,104.85	\$2,209.70	\$1,602.03	\$1,602.03	\$2,706.88	\$497.18

2022 Retiree Dental Plan Total Monthly Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Retiree Dental	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

Medicare eligible retirees or dependents should contact Via Benefits at 888-825-4252 to enroll in a Medicare Supplement Plan.

2022 Retiree Rates - Qwest Non-Union

2022 Non-Medicare Retiree Medical and Dental Plans & Total Monthly Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$964.05	\$964.05	\$1,928.10	\$1,397.87	\$1,397.87	\$2,361.92	\$433.82
HDHP	\$982.62	\$982.62	\$1,965.24	\$1,424.80	\$1,424.80	\$2,407.42	\$442.18
CDHP Option 1	\$1,048.02	\$1,048.02	\$2,096.04	\$1,519.63	\$1,519.63	\$2,567.65	\$471.61
CDHP Option 2	\$1,104.85	\$1,104.85	\$2,209.70	\$1,602.03	\$1,602.03	\$2,706.88	\$497.18
Retiree Dental	\$35.80	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85
LQ Mgmt Company Subsidy Cap	\$390.00	\$390.00	\$780.00	\$663.00	\$663.00	\$1,053.00	\$273.00

2022 Non-Medicare Retiree Monthly Contribution

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$574.05	\$574.05	\$1,148.10	\$734.87	\$734.87	\$1,308.92	\$160.82
HDHP	\$592.62	\$592.62	\$1,185.24	\$761.80	\$761.80	\$1,354.42	\$169.18
CDHP Option 1	\$658.02	\$658.02	\$1,316.04	\$856.63	\$856.63	\$1,514.65	\$198.61
CDHP Option 2	\$714.85	\$714.85	\$1,429.70	\$939.03	\$939.03	\$1,653.88	\$224.18
Retiree Dental	\$15.80	\$15.80	\$31.60	\$27.65	\$27.65	\$52.40	\$11.85

2022 Medicare Eligible Health Reimbursement Account (HRA) Annual Company Subsidy

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Medical HRA Subsidy	\$1,740	\$1,740	\$3,480	\$5,016	\$5,016	\$6,756	\$3,276
Dental HRA Subsidy	\$240	\$240	\$480	\$420	\$420	\$660	\$180
Overall Medical & Dental HRA Subsidy	\$1,980	\$1,980	\$3,960	\$5,436	\$5,436	\$7,416	\$3,456

Medicare eligible retirees or dependents should contact Via Benefits at 888-825-4252 to enroll in a Medicare Supplement Plan.

2022 Total Monthly Active COBRA Rates

Medical 2022 COBRA Rates	<u>Total Monthly Cost</u>			
	<u>Employee</u>	<u>EE+Spouse</u>	<u>EE+Children</u>	<u>EE+Family</u>
Bind Health Plan	\$648.27	\$1,361.37	\$1,166.89	\$1,879.98
HDHP	\$660.91	\$1,387.91	\$1,189.64	\$1,916.64
CDHP Option 1	\$706.94	\$1,484.58	\$1,272.49	\$2,050.13
CDHP Option 2	\$771.04	\$1,619.18	\$1,387.87	\$2,236.01
Dental 2022 COBRA Rates	<u>Total Monthly Cost</u>			
	<u>Employee</u>	<u>EE+Spouse</u>	<u>EE+ Children</u>	<u>EE+Family</u>
Dental Option 1	\$28.88	\$66.48	\$72.24	\$109.81
Dental Option 2	\$35.71	\$82.17	\$89.33	\$135.76
Vision 2022 COBRA Rates	<u>Total Monthly Cost</u>			
	<u>Employee</u>	<u>EE+Spouse</u>	<u>EE+Children</u>	<u>EE+Family</u>
Vision	\$6.96	\$14.61	\$12.57	\$20.20

2022 Total Monthly Retiree COBRA Rates (excluding Qwest Union Represented)

2022 Non-Medicare Medical Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Bind Health Plan	\$983.33	\$983.33	\$1,966.66	\$1,425.83	\$1,425.83	\$2,409.16	\$442.50
HDHP	\$1,002.27	\$1,002.27	\$2,004.54	\$1,453.30	\$1,453.30	\$2,455.57	\$451.02
CDHP Option 1	\$1,068.98	\$1,068.98	\$2,137.96	\$1,550.02	\$1,550.02	\$2,619.00	\$481.04
CDHP Option 2	\$1,126.95	\$1,126.95	\$2,253.89	\$1,634.07	\$1,634.07	\$2,761.02	\$507.12

2022 Dental Plan Rates

	Retiree Only	Spouse Only	Retiree & Spouse	Retiree & Child(ren)	Spouse & Child(ren)	Retiree & Family	Child(ren)
Retiree Dental	\$36.52	\$36.52	\$73.03	\$63.90	\$63.90	\$109.55	\$27.38