

2022 Retiree Rates – Qwest Non-Union

2022 Non-Medicare Retiree Medical Plans & Total Monthly Rates

2022 Total Cost Per Month	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Bind Health Plan	\$964.05	\$1,928.10	\$1,397.87	\$1,397.87	\$2,361.92	\$433.82
HDHP	\$982.62	\$1,965.24	\$1,424.80	\$1,424.80	\$2,407.42	\$442.18
CDHP Option 1	\$1,048.02	\$2,096.04	\$1,519.63	\$1,519.63	\$2,567.65	\$471.61
CDHP Option 2	\$1,104.85	\$2,209.70	\$1,602.03	\$1,602.03	\$2,706.88	\$497.18

2022 Retiree Dental Plan & Total Monthly Rates

2022 Total Cost Per Month	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Basic Dental Plan	\$35.80	\$71.60	\$62.65	\$62.65	\$107.40	\$26.85

2022 LQ Management Company Subsidy Cap

2022 Total Cost Per Month	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
LQ Mgmt Company Subsidy Cap	\$390.00	\$780.00	\$663.00	\$663.00	\$1,053.00	\$273.00

2022 Non-Medicare Retiree Medical Monthly Contributions

2022 Contributions	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Bind Health Plan	\$574.05	\$1,148.10	\$734.87	\$734.87	\$1,308.92	\$160.82
HDHP	\$592.62	\$1,185.24	\$761.80	\$761.80	\$1,354.42	\$169.18
CDHP Option 1	\$658.02	\$1,316.04	\$856.63	\$856.63	\$1,514.65	\$198.61
CDHP Option 2	\$714.85	\$1,429.70	\$939.03	\$939.03	\$1,653.88	\$224.18

2022 Non-Medicare Retiree Dental Monthly Contributions

2022 Contributions	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Basic Dental Plan	\$15.80	\$31.60	\$27.65	\$27.65	\$52.40	\$11.85

2022 Medicare Eligible Health Reimbursement Account (HRA) Annual Company Subsidy

Retiree Subsidy Annual	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Medical HRA Subsidy	\$1,740.00	\$3,480.00	\$5,016.00	\$5,016.00	\$6,756.00	\$3,276.00
Dental HRA Subsidy	\$240.00	\$480.00	\$420.00	\$420.00	\$660.00	\$180.00
Overall HRA Subsidy	\$1,980.00	\$3,960.00	\$5,436.00	\$5,436.00	\$7,416.00	\$3,456.00

- Medicare eligible retirees or dependents should contact Via Benefits at 888-825-4252 to enroll in a Medicare Supplement Plan.