

2023 Retiree Rates – Qwest Non-Union

2023 Non-Medicare Retiree Medical Plans & Total Monthly Rates

2023 Total Cost Per Month	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Surest Health Plan	\$1,056.28	\$2,112.55	\$1,531.60	\$1,531.60	\$2,587.87	\$475.32
HDHP with Optional HSA	\$1,058.63	\$2,117.25	\$1,535.01	\$1,535.01	\$2,593.63	\$476.38
Doctors Plan (CO/AZ)	\$1,130.78	\$2,261.57	\$1,639.64	\$1,639.64	\$2,770.43	\$508.85
CDHP	\$1,175.31	\$2,350.62	\$1,704.21	\$1,704.21	\$2,879.52	\$528.89

2023 Retiree Dental Plan & Total Monthly Rates

2023 Total Cost Per Month	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Basic Dental Plan	\$36.43	\$72.86	\$63.75	\$63.75	\$109.29	\$27.32

2023 LQ Management Company Subsidy Cap

2023 Total Cost Per Month	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
LQ Management Company Subsidy Cap	\$390.00	\$780.00	\$663.00	\$663.00	\$1,053.00	\$273.00

2023 Non-Medicare Retiree Medical Monthly Contributions

2023 Contributions	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Surest Health Plan	\$666.28	\$1,332.55	\$868.60	\$868.60	\$1,534.87	\$202.32
HDHP with Optional HSA	\$668.63	\$1,337.25	\$872.01	\$872.01	\$1,540.63	\$203.38
Doctors Plan (CO/AZ)	\$740.78	\$1,481.57	\$976.64	\$976.64	\$1,717.43	\$235.85
CDHP	\$785.31	\$1,570.62	\$1,041.21	\$1,041.21	\$1,826.52	\$255.89

2023 Non-Medicare Retiree Dental Monthly Contributions

2023 Contributions	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Basic Dental Plan	\$16.43	\$32.86	\$28.75	\$28.75	\$54.29	\$12.32

New in 2023 for Medicare Individuals—Retiree Medicare Advantage (MAPD PPO + Dental) Plan

Starting in 2023, Medicare eligible individuals will have a new option to elect the Group Retiree MAPD PPO + Dental plan in lieu of receiving HRA company contributions as described below. Monthly employee contributions for this plan are shown below.

Monthly Contributions for MAPD PPO + Dental Plan	You Only	Spouse Only	You + Spouse	You + Spouse + Child	You + Spouse + Children	You + Child	You + Children	Spouse + Child	Spouse + Children	Child Only	Children Only
Qwest Non-Union	\$18.00	\$18.00	\$36.00	\$0.00	\$105.60	\$0.00	\$87.60	\$0.00	\$87.60	\$0.00	\$69.60

2023 Medicare Eligible Health Reimbursement Account (HRA) Annual Company Subsidy

Retiree Subsidy Annual	You Only or Spouse Only	You+Spouse	You+ Child(ren)	Spouse+ Child(ren)	You+Spouse+ Child(ren)	Child(ren) Only
Medical HRA Subsidy	\$1,740.00	\$3,480.00	\$5,016.00	\$5,016.00	\$6,756.00	\$3,276.00
Dental HRA Subsidy	\$240.00	\$480.00	\$420.00	\$420.00	\$660.00	\$180.00
Overall HRA Subsidy	\$1,980.00	\$3,960.00	\$5,436.00	\$5,436.00	\$7,416.00	\$3,456.00

- Medicare eligible retirees or dependents should contact Via Benefits at 888-825-4252 to enroll in a Medicare Supplement Plan if not otherwise enrolling in new Group Retiree MAPD PPO + Dental plan.