

LUMEN®

## Retiree Benefits News



### National Prescription Drug Take Back Day

It's almost that time again! On Saturday, April 25, 2026, the U.S. Drug Enforcement Agency (DEA) is partnering with local law enforcement to host National Prescription Drug Take Back Day, a safe and convenient way to dispose of expired prescription drugs.

At its last event in October 2025, the DEA collected a record 286 tons of unwanted drugs, bringing the total to over 10,000 tons in 13 years.

Visit the DEA's official [Take Back Day website](#) to find many useful tools, including a zip-code based [collection site locator](#).

Optum Home Delivery members can support these efforts by requesting up to two free drug disposal kits per year by calling the phone number on the back of their medical ID card.

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The information in this article is intended to provide guidance about the retiree benefit plans presently sponsored by Lumen Technologies, Inc. and doesn't waive any reserved rights the company has with regard to the plans for their benefits, nor does this affect the terms of the written agreement specific to Legacy Qwest Pre-1991 and Legacy Qwest ERO'92 retirees. If there is any difference between the information in this article and the terms of the official plan documents, the terms of the official plan documents will govern. If you have any questions regarding your benefits, please consult the Annual Enrollment Summary of Material Modifications (SMM), the Summary Plan Description and prior SMM's, or call the claims administrator for the plan or the Service Center directly.