



## World Health Day

World Health Day is a worldwide opportunity to focus on key public health issues. It is celebrated every year on April 7 with a different theme. This day marks the founding of the World Health Organization, WHO, and focuses on universal coverage as a public health priority. This ensures that people can access essential health services without experiencing financial hardship.

**This years theme: Together for health. Stand with science.**

April 7 2026 kick-starts a year-long campaign to celebrate the power of scientific collaboration to advance health, save lives and transform societies.

WHO and its partners work around the clock to generate scientific knowledge on key health priorities, including health security, climate and health, primary health care, the health workforce, vaccines and medicines, chronic conditions and mental health; sharing evidence and strengthening countries' research capacities and systems for more equitable access to health care.

There are five key action areas for health promotion:

- Reorient health services – This works to improve the entire population's health and allow everyone to access health resources, whether sick or well.
- Create a supportive environment
- Develop personal skills
- Strengthen community action
- Building health public policy

World Health Day is a powerful reminder that health is not merely the absence of disease, but the foundation of our wealth, happiness, and prosperity. It is a fundamental human right that deserves our attention every single day, not just on World Health Day. Let's start a renewed commitment to our wellness, a healthier lifestyle, and a stronger, more supportive community.

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